

## Lördag 2 december

Information till Masters lopp 108/109: invägning sker 11:30

Information till Throwdown deltagare: Team of Two's deltagare får individuella resultat.

09:30	Lane	PREPARED CLASSIC: MALE INTERMEDIATE Heat 1 Open 2000m
	1	Hugo Eliasson
	2	Nils Persson
	3	Mattias Blomkvist
	4	Joakim Olsson
	5	Ante Evertsson
	6	Felix Bogren-Lindahl
	7	Kalle Berglund
	8	Hampus Strid
	9	Patric Beijer
	10	Jacob Nielsen
	11	Andreas Starö
	12	Christopher Sotkasiira
	13	Björn Weinkopf
	14	Alex Hermansson
	15	Patrik Blom
	16	Jere Ruuhonen
	17	Simon Torstensson
	18	Łukasz Zajko
	19	Jens Nilsson
	20	Jonathan Palmqvist

09:43	Lane	PREPARED CLASSIC: MALE INTERMEDIATE/MASTER 40+ MALE Heat 2 Open 2000m
	1	
	2	Rikard Hedin
	3	Jesper Jansson
	5	CHRISTIAN LILJA
	6	Mikael Pettersson
	7	DAVID SANTA CRUZ BORGSTRAND
	8	Fredrik Röhnisch
	9	ESBJÖRN JONSSON
	10	Marcin Milicki
	11	Christian Törnqvist
	12	Johan Lundqvist
	13	Magnus Thoor
	14	Kamil Bugajewski
	15	MARCUS ANTONSSON
	16	Daniel Eriksson
	17	Johan Sternhoff
	18	Peter Berglund
	19	KRISTOFFER NYBERG

09:56 Lane PREPARED CLASSIC MASTER 35-39 MALE/MALE RX Heat 3 Open 2000m

1	INDY Przemyslaw SOBKA
2	Jimmy Nilsson
3	FLORIAN VORNBERGER
4	Pierre Johnsson
5	Viktor Olofsson
6	Kostya Prudnikov
7	Marius Beresoae
8	JAKUB ZDUNIAK
9	MARTIN SÖRMAN
10	David Wedberg
11	Maayan Eilat
12	Erik Brorsson
13	MARCUS ERIXON
14	MARK ROWAN
15	Jonas Ruthberg
16	Filip Sandberg
17	Dennis Söderman
18	Anton Blomqvist
19	Dennis Olsson
20	Jozef Mihok

10:09 Lane PREPARED CLASSIC: MALE RX Heat 4 Open 2000m

1	TIM HOLMGREN
2	Jesper Rylander
3	Rick Wagner
5	ANDERS NORD
6	Sam Darley
8	GUSTAV GABRIELSSON
9	Jonathan Meisel
11	JAKOB KLEIN
12	VICTOR LJUNGDAL
13	Lars Persson
14	DENNIS BJÖRNSTRÖM
15	ERIK JERNBERG
16	Axel Persson
17	Kim Carlsson
18	Jonatan Malmlöf
19	Max Mehlin
20	Jesse Ruuskanen

10:22 Lane PREPARED CLASSIC: MALE RX Heat 5 Open 2000m

1	PATRYK ZDUNIAK
2	Leonard Hägglund
3	Nils Ahlman
4	Kim Zugic
5	Erik Wikström
6	Henri Kozaragic
7	LUCAS PETERSSON
8	Linus Klevebrand
9	Jonathan Saxin
10	Erik Dahlström
11	Aaron Koenigsmann
12	NICHLAS LANTZ
13	JOHAN NYGREN
14	DENNIS OBST
15	Jan Düerkop
16	Axel Haglund
17	Mikael Rauhala Pettersson
18	Sebastian Carnefeldt
19	Johan Aurell
20	HUGO FLORIDO

10:35 Lane PREPARED CLASSIC: MALE RX/FEMALE INTERMEDIATE Heat 6 Open 2000m

1	Jeremiah Sund
2	Carl Tolf
3	AMANDUS LESKINEN
4	kaj jeziorski
5	Jonathan Bressum Kristensen
6	Fredrik Bengt K Lindström
7	ROMY TIEMESSEN
8	Taru Yli-Pietilä
9	Louise Johansson
10	Anni Vakkuri
11	Stella Ekholm
12	Moa Hansson
13	Matilda Ojaniemi
14	Ida Lund
15	Malin Håkansson
16	Vendela Lundgren
17	Minna Skantz
18	THERESIA BJÖRSES
19	Johanna Hietala
20	Kajsa Rautenberg

10:48 Lane PREPARED CLASSIC: FEMALE INTERMEDIATE/FEMALE RX Heat 7 Open 2000m

- 1 Charlotta Alnersson
- 2 JEMS MERCER
- 3 Lilian Snäll
- 5 SIGNE NYGÅRD
- 6 Lisa Andersson
- 7 DINA YEHOShUA JENSEN
- 8 Angelica Bengtsson
- 9 Irmelin Olsson
- 10 Linnea Berglund
- 11 Julia Svärd Axelsson
- 13 VICTORIA LARSSON
- 14 SANDRA HEIDECHE
- 15 MONA NAGEL
- 16 Smilla Hedström
- 17 Emily Claw

11:01 Lane PREPARED CLASSIC: MASTER 35+ FEMALE/FEMALE RX Heat 8 Open 2000m

- 1 KARINA VINTHER
- 2 MATILDA LARSSON
- 3 Arantza Chinarro
- 4 Emelie Bäckemalm
- 5 LOTTEN DANEMO
- 7 Lotten Kolb
- 8 Annie Emilsson
- 9 Malin Nilsson
- 10 Linnea Larsson
- 11 Lydia Marklund
- 12 Frida Palstam
- 13 Olivia Johansson
- 14 Hanna Ålin

11:25 Lane TEAM OF 2 MALE SCALED Heat 1 Open 2000m

- 1 The Prince Ali's
- 2 Trolldryck
- 3 Young Guns
- 4 No Drama LLama
- 5 CrossBoost
- 6 Älska processen
- 7 Team Thun
- 8 Tanner Shuck Fanclub
- 9 Träningsbyrån Huddinge Brorsor
- 10 Uddevalla Superiors

11:38 Lane TEAM OF 2 MALE SCALED/MASTER 35+ Heat 2 Open 2000m

- 1 Träningsbyrån BIG BOYS ON TOUR
- 2 Nicos atleter 2
- 3 Team GG
- 4 F-Town
- 5 IKSU OLD BOYS
- 6 Alltid i röd zon
- 7 CrossFit Lund
- 8 Team Highvalley

11:51 Lane TEAM OF 2 FEMALE SCALED Heat 3 Open 2000m

- 1 Tegen Noobs
- 2 The old and the wise
- 3 Borgarna
- 4 STELLA
- 5 NET NIET
- 6 Brains before gains
- 7 Lifebox Teens
- 8 Rookies
- 9 Team Soldkvättär
- 10 Team SWIPA VÄNSTER

12:04 Lane TEAM OF 2 FEMALE SCALED/MIX SCALED Heat 4 Open 2000m

- 1 5:45 - Blodsband
- 2 Nicos Atleter
- 3 Amazonerna
- 4 Team Kraftväcket
- 5 1-2-3 Lag
- 6 Träningsbyrån Team Rookies
- 7 MotionLab's Badass
- 8 Barbells & Strollers
- 9 Boxen Kiruna
- 10 Boxen Katrineholm

12:17 Lane TEAM OF 2 FEMALE SCALED Heat 5 Open 2000m

- 1 Team HETS
- 2 Moomin & Krullet
- 3 ReadyOrNot
- 4 TEAM JENIRA
- 5 Hanna&Julia
- 6 Team Åkerlund
- 7 Powerpuff
- 8 Likable losers
- 9 Team sis
- 10 The Running Jokes

12:30 Lane TEAM OF 2 FEMALE SCALED Heat 6 Open 2000m

- 1 Team sore muscles
- 2 Team NPF
- 3 UNITE
- 4 CALCULUS
- 5 Born To Runner Up
- 6 Team Impulsiv
- 7 Highnose girls
- 8 Firret-girls
- 9 Weightlifters doing crossfit
- 10 Master & Junior

12:43 Lane TEAM OF 2 FEMALE SCALED/MASTER 35+ Heat 7 Open 2000m

- 1 Team DJ
- 2 Boxen Big Smile Babes
- 4 Happy me
- 5 Team Hangfire
- 6 Göttepåsarna
- 7 I AM
- 8 Clean Team
- 9 Team Happy
- 10 Team Valkyria

12:56 Lane TEAM OF 2 MIX SCALED Heat 8 Open 2000m

- 1 Team Innovate
- 2 Callide LKPG
- 3 Slack Attack
- 4 Kipping It Real
- 5 Team Cardio
- 6 Kaspo's
- 7 Team Unitum
- 8 Team Bean
- 9 BEAUTY AND THE MEDIUM SIZED BEAST

13:09 Lane TEAM OF 2 MIX SCALED/MASTER 35+ Heat 9 Open 2000m

- 2 Team PoP
- 3 Pad Schnitzel
- 4 Bigsmile
- 5 Team Nordic Spectra
- 6 Höna & Honung
- 7 Team66
- 8 Stor & Liten

13:30	Lane	Lopp 108/109 – Damer/Herrar Masters 1000m
	1	Sara Larsson-Andersson - Sollerö IF
	2	Annelie Birkeholm - Sollerö IF
	3	Natalia Daukszewicz - Akademiska RF
	4	Björn Andersson
14:05	Lane	Lopp 110 - Stafett Damer 10min
	1	Akademiska RF Team 1 - Paulina Drabik, Chloe Vermylen, Lauren Margarethe Jonk, Judith Halene
	2	Akademiska RF Team 2 - Eeke Osterhof, Emily Sahyoun, Emma Tumova, Christina Alisia
14:20	Lane	Lopp 111 - Stafett Herrar 10min
	1	Akademiska RF Team 1 - Balazs Levai, Jon Lopetegui, Jose Manuel Gaspar Sanchez, Herve Frassy
	2	Akademiska RF Team 2 - Jacob Wahlgren, Julian Gold, Pau Garcia i Morales
14:35	Lane	Lopp 112 - Stafett Mix 10min
	1	Bajens Bästa - Lisa Olsson, Charlie Czerkawski, Filip Dabergott, Hanna Pingry
	2	Hammarbys Hjältar - Malin Sundström, Henrik Ottosson, Leonora Gaspar
	3	KTH Krushers - Balasz Levai, Paulina Drabik, Chloe Vermylen
	4	Brunnsviken Blasters - Lauren Margerethe Jonk, Jacob Wahlgren, Pau Garcia i Morales
	5	Early Pullers - Judith Halene, Jose Manuel Gaspar Sanchez, Herve Frassy
	6	Akademiska Ergonauts - Eeke Oosterhof, Emily Sahyoun, Jon Lopetegui
	7	Brunnsvikens Seals - Julian Gold, Emma Tumova, Christina Alisia